

# The Nurses' Station

## Barbara's Bulletin

Dear All,

I am very happy to introduce our newest AAPG Adult Hospitalist Dr. Sydney Barsed and Caitlin Moore PA-C. Please welcome them to our institution.

Thanks,

Barbara



### **Sydney Barsed, MD**

Dr. Barsed joined the AAMG Adult Hospitalist Group in September of 2019. She attended University of the West Indies class of 2012 and completed residency at Howard University Hospital class of 2019. She enjoys dancing, DIY crafts and interior decorating.



### **Caitlin Moore, MPAS, PA-C**

Caitlin joined the AAMG Adult Hospitalist Group in September of 2019. She attended Massachusetts College of Pharmacy and Health Science located in Boston, MA. She started in pediatrics at Texas Children's Hospital in Houston, TX and then moved to Birmingham, AL for a year where she changed over to hospitalist medicine. She moved to Annapolis in Summer of 2019 with her husband. She enjoys reading, traveling, working out and being outdoors.



## AAMC Professional Practice Model



### Magnet Update:

We should hear soon about our Magnet Redesignation. For now, no news is good news!

If you have any questions or just want to talk about our Magnet journey, please contact Karen McCamant at [kmccamant@aaahs.org](mailto:kmccamant@aaahs.org). I'd love to come to your unit or meet you for coffee, so please don't hesitate to get in touch.

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## Here's what you need to know-n-go!

### 2019 Flu Clinic Schedule

Employees and Volunteers can receive a **FREE** flu vaccine at AAMC during flu clinics on 1<sup>st</sup> Floor North Tower in the main hallway, or at off-site locations at the dates and times designated below.

For the health and safety of our patients, employees and visitors, AAMC requires all employees to receive the annual seasonal flu vaccine. Get your flu vaccine by **Tuesday, November 19, 2019**.

Click [here](#) for the clinic schedule

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## Transformational Leadership

### New Clinical Supervisors



Welcome Brandi Elzie, RN, BSN-BC as a clinical supervisor on 4 Medical. Brandi brings over 10 years of experience as a nurse and has worked in several units over her career, including Med/Surg and Oncology. She is currently enrolled in the MSN program through Walden University; she is 4 Medical's unit rep for the PNC council and is preceptor extraordinaire. This past year she was a nursing instructor for clinical rotations at Anne Arundel Community College and a CPR instructor outside of the hospital. She was awarded a nursing scholarship and was 1 of 3 to receive the award for exemplary professional practice for 2019. Medical 4 is so happy to have her on their team. Her blossoming leadership skills make her an asset to Medical 4 and the entire organization.



Welcome Patrick Sheehan RN, BSN, BS as night shift clinical supervisor on 4 Medical. Patrick has a BS in Business Administration and after much thought, he decided to change careers and go into nursing to care for others. He graduated with a BSN through the ACE program at Drexel University. With over 4 years of experience in nursing, he came to AAMC and has been on the 4 Medical unit for the past 3 years. Patrick is looking forward to this new role to further support our night shift staff. Patrick has received many HOT Cards and is revered by his patients for his kindness and caring spirit. Patrick has also assumed a leadership role on the night shift patient satisfaction committee. Medical 4 is so happy to have him on their team. His leadership skills make him an asset to Medical 4 and the entire organization.

**GSU Congratulates Becky Kawecki on her New Faculty Position & Welcomes Rachel Livingston as their New Clinical Educator!**



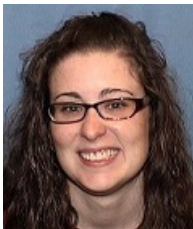
## Becky

After 10 years of outstanding service, Becky Kawecki has decided to step down from her role as the GSU educator. Becky has accepted a faculty position at Anne Arundel Community College starting this fall.

On behalf of the GSU staff, we are extremely happy for Becky as she begins a new career opportunity in the nursing profession.

We are very proud and grateful for all the dedication and support Becky has provided our staff and the organization during her tenure, and wish her great success.

Becky will remain on GSU as a staff nurse sharing her clinical expertise at the bedside and continuing to be a valuable mentor to her fellow colleagues.



## Rachel

Please welcome Rachel Livingston, BSN, RN, CMSRN, Clinical Ladder III, as the new Clinical Educator for GSU. Rachel has been a member of the GSU team for the past 10 years; during this time she has served as Quality Chair, PNC representative, Lead Preceptor for Nurse Graduates, HPO instructor, and a member of the GSU scheduling team. Rachel is currently enrolled in the University of Maryland MSN program. GSU is very excited to have Rachel as their new educator! Rachel will begin her new role on October 13, 2019.



## Structural Empowerment

***Amazing Opportunities - Don't miss out! There is still time to register and attend!***

### **George Moran LEAD Academy**

Applications are still being solicited for the next George Moran LEAD Academy cohort that begins in January 2020.

#### **Program Goals:**

1. To develop the Anne Arundel Leadership competencies of emerging leaders preparing them to provide team leadership and to be change and business leaders in a patient-focused environment.
2. To support leadership growth and development in participants'™ current roles and to prepare them for

opportunities that may lead to roles with greater responsibilities.

**Time Commitment:**

Participants meet once a month over 14 months, with classes designed to help them hone their skills for positions with increasing responsibility while growing their effectiveness in their current roles.

**Application Deadline:**

All applications must be received by **Monday, October 7<sup>th</sup>**. *The application must be submitted by the leader and returned to [hredu@aahs.org](mailto:hredu@aahs.org)*

Click [here](#) for additional information and application.

Questions: Please contact Todd Brace at [tbrace@aahs.org](mailto:tbrace@aahs.org) or Irma Holland at [iholland@aahs.org](mailto:iholland@aahs.org)

## World Mental Health Day Webinar

**Date:** October 10, 2019

**Time:** 3pm-4pm

**Location:** Webinar

**Goal:** Help raise mental health awareness and learn how every person can make a contribution to ensuring that people dealing with problems concerning mental health can live better lives with dignity.

[Webinar Poster](#)

Click here to [Register](#)



### AAMC™s Institute for Healthy Aging presents: A team and person-centered approach to delirium assessment and prevention

**Date:** Monday, October 14, 2019

**Time:** 2:00 PM – 4:00 PM

**Location:** Belcher Pavilion, 7<sup>th</sup> floor

**Speaker:** Donna Fick, PhD, GCNS-BC, FGSA, FAAN, Elouise Ross Eberly Professor, Director of the Center of Geriatric Nursing Excellence

Contact hours pending. Light refreshments will be served. Click to here to [register](#)



## Professional Development Day

**Theme:** The Changing Landscape of Healthcare, Our Community, and Anne Arundel Medical Center

**Date:** Thursday, October 24, 2019

**Time:** Registration & Breakfast 7:30am  
Conference 8am - 2pm (lunch provided)

**Location:** Belcher Pavilion, 7th floor

**All staff are welcome!**

[Professional Development Day Poster](#)

Register by **Friday, October, 18<sup>th</sup>** via  
Eventbrite: [Registration](#)



## 2019 First Time Attendee MNA Annual Convention Scholarship

Maryland Nurses Association District 3 is offering an excellent way for a current member of this district to attend the MNA 116th Annual Convention on November 14th and 15th. Any member of District 3, who has not attended the MNA Annual Convention in the past, is eligible for this unique scholarship.

**Applications must be received by  
October 18, 2019**

To download scholarship application and information click [here](#)

*Deanna M. Leone, BSN, RN-BC  
Observation Unit and Secretary-Treasurer, MNA  
DNA 3*

## AAMC's Annual Stroke and STEMI Conference 2019

**Date:** Monday, December 9, 2019

**Time:** 7am - 12noon

**Location:** Belcher Pavilion, 7<sup>th</sup> floor

**Cost:** Free Conference

[Stroke and STEMI Conference Poster](#)  
Register by **Monday, November 25<sup>th</sup>** via  
Eventbrite: [Registration](#)

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New Knowledge & Improvements

## Tobacco Treatment Specialist Training



Tuesday Tynan, RN, BSN, NCTTP & Joanne H. Ebner, RN, BSN, OCN, NCTTP

**Course:** *Basic Skills for Working with Smokers* -This is a self-paced, online course designed as an introduction to the basic concepts needed by professionals who are working with tobacco users. The course consists of nine modules:

**Cost:** \$175.00

**Registration:** [Online Basic Skills Course](#)

**Course:** *Core Certification Training*

**Dates:** October 14, 16, 17 & 18, 2019

**Time:** 8:30 am – 4:00 pm

**Location:** Doordan Institute

**Cost:** \$575.00

**Registration:** Please contact Tuesday or Joanne if this registration link does not work [Core Certification Training](#)

For additional information about both courses please click [here](#)

## AAMC's Journal Club



## The John A. Hartford Foundation And The Growth Of Geriatrics

Every month, the journal club meets to discuss and discover practical ways to improve nursing practice and nurses' knowledge on current research.

Join us for the next meeting:

**Topic:** The John A. Hartford Foundation And The Growth Of Geriatrics

**Presenters:** Danette Readling, MSN, RN, CMSRN, RN-BC and Ashley Bunn, BSN, RN

**Date:** Monday, October 21<sup>st</sup>

**Time:** 12pm-1pm

**Location:** 2 South Conference Room

Please click [here](#) to access the article

Save the date for next month's Journal Club on Monday, November 18<sup>th</sup>, presented by HP PACU on the topic of sleep apnea in the surgical patient.

***There will not be a Journal Club meeting in December***



### Exemplary Professional Practice

#### Emergency Department uses Evidenced-Based Learning to Advance Practice



Emergency Department nurses and physicians manage a variety of critical situations each day. These expert clinicians are always seeking new learning opportunities to ensure our patients receive the best state of the art care. Throughout the summer of 2019, they choose to hone their skills in troubleshooting ventilator-related emergencies.

The evidence-based learning methodology consisted of a combination of online modules followed by hands-on skills simulation. The aim was to improve the way in which critical patients needing a ventilator to assist their breathing are cared for. During the simulations, each team member demonstrated their response to alarms and discussed the causes and treatments for each. Pocket reference cards for causes of various ventilator alarms were provided following training. Each nurse and physician reported learning something new and appreciated practicing their skills.

#### Nursing Clinical Ladder



Congratulations to the following nurses who recently joined or renewed their position on the nursing clinical ladder! Thank you for your passion, dedication, and energy!

- Jacquelyn Knapp (ICU/IMU)
- Jacquelyn Stapleton (ESP)
- Jessica Cabauatan (ONC)
- Jamie Iskow (L&D)
- Kaitlynn LaBille (SSU)
- Catherine Herrman (ONC)
- Robyn Lanasa (ESP)
- Tara Warner-Pugh (PEDS)

If you are interested in joining the clinical ladder, click [here](#)

## WOW! Jacquelyn Knapp - 1.5 years in practice and Level I on the Clinical Ladder



Jacquelyn

This is Jacquelyn's first time on the clinical ladder. She started at AAMC in the nurse residency program and in her 1.5 years she has: excelled in the staff nurse role in ICU, entered an MSN program, and lead the ICU Quality Council. We look forward to continued growth and contributions to ICU/IMU and AAMC.

Congratulations Jacquelyn!

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## Call for Abstracts

Dear Nursing Staff,

We have done great work this year in advancing our nursing outcomes through quality and performance improvement projects, as well as research studies. Let's make sure our work is showcased at the 2020 Quality Improvement Showcase Event that will be held on Monday, March 9, 2020, kicking off Patient Safety Awareness Week.

*Abstract submissions are **now** being accepted.*

### Key Points to Remember:

- Project/study must have been conducted after 2/2018.
- Only completed projects will be accepted.
- Projects that have already been submitted at previous QI showcase Events will not be accepted.
- All poster abstracts are accepted as long as they meet the criteria above.
- An award is given to one abstract in each category – quality improvement, performance improvement, research, and student/Graduate Medical Education.
- To be considered for an award abstract **must be submitted by 11/08/2019**

### Important Dates to Remember:

- November 8, 2019 - Abstract Due Date for Podium Presentations and Award Finalist
- January 20, 2020 - Abstract Due Date for Poster Presentations

### [Abstract Submission and Guidelines](#)

All abstracts are submitted online  
Questions: Contact Cathaleen Ley -  
[cley@aaahs.org](mailto:cley@aaahs.org)

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## Nursing Events

- CNA Clinical Ladder Review Board 10/14/2019
- A Team and Person-Centered Approach to Delirium Assessment & Prevention 10/14/2019
- Being a Team Player 10/15/2019
- BLS Instructor-led Class 10/17/2019
- PCT/PCS Preceptor Workshop 10/17/2019
- Microsoft Excel - Intermediate 10/17/2019
- Understanding Employee Purpose Drivers 10/17/2019
- What is the Patient Experience 10/17/2019
- Clinical Ladder Review Board 10/18/2019

To view more information and upcoming events, [click here](#)

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The Nursing Communications Initiative Coffee Cart will be visiting the Hospital Pavilion floors 3rd-6th (North & South) and the Clatanoff Pavilion on **Saturday, October 5, 2019 from 8-10am.**

If you are interested in joining the nursing communications initiative committee or want to share your news on the Cart, please contact [Anita Smith](#)

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Read past issues of [The Nurses' Station](#) on the Nursing Blog.

To have your news or shout outs shared on The Nurses' Station, please contact [Sandy Fox](#).

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**Let us know how we did.  
What did you think of this issue?**

