

The Nurses' Station

Powered by Knowledge. Inspired by Caring.

Barbara's Bulletin

Dear all,

I am very happy to introduce Wendy Penny, RN, BSN, MBA, NE-BC who has joined us as the Associate Chief Nursing Officer. Wendy comes to us most recently from Medstar Washington Hospital Center, where she served as Vice President of the Medstar Heart and Vascular Institute.



Wendy began her career at AtlantiCare in southern New Jersey, where she held various leadership positions including, Asst VP Cardiovascular Service Line providing strategic and operational leadership across the AtlantiCare health system. She moved to Osceola Regional Medical Center in Florida and served as Vice President of Cardiovascular Services before moving to Medstar Washington Hospital Center.

Wendy will immediately assume responsibility for the Cardiac Catherization position, Interventional Radiology, Radiology, and a major role in our preparation for cardiac surgery. Additional departments will be transferred to Wendy over the next months.

Please welcome Wendy to our institution. Her office is located in Wayson G90.

Thanks,

Barbara



AAMC Professional Practice Model



Magnet Update:

We should hear soon about our Magnet Redesignation. For now, no news is good news!

If you have any questions or just want to talk about our Magnet journey, please contact Karen McCamant at kmccamant@aaahs.org. I'd love to come to your unit or meet you for coffee, so please don't hesitate to get in touch.

Here's what you need to know-n-go!

Are you an experienced ACLS provider?

Many of our staff who take ACLS have asked for a MegaCode Course. Well here is their opportunity. ACLS for EXPERIENCED PROVIDERS goes beyond core ACLS by offering Advanced **CRITICAL THINKING** practice for **EXPERIENCED** healthcare professionals who use ACLS on regular bases.

ACLS EP will be offered 2 times on:

- September 30, 2019 at 8:30a-5:00p
- November 1, 2019 at 8:30a-5:00p

Location: Doordan Institute

Click here to [learn more](#)

AAMC Nursing Open House

Do you have a friend who is a nurse? If yes, spread the word!

Date: Wednesday, October 2nd, 2019

Time: 4:30pm - 6:00pm

Location: Garden Caf  

Requisition number to apply: NSE-77683

Register via Event Brite: [Registration](#)



Transformational Leadership

Clinical Education Council New Chair & Co-Chair



Chair CEC

Welcome Terri Ridel, RN, CNOR Clinical Educator Edwards Surgical Pavilion as the new chair of the Clinical Education Council. Terri has been the educator at ESP for many years and has seen the department through numerous changes and upgrades. She is a highly engaged, hands-on educator who inspires her team to be innovative and provide high-quality care. She is very active in the local Baltimore chapter of AORN and currently serves on their Board of Directors. Terri's main goal is to provide excellent patient care through the education of her team. She is an asset to her unit and to the hospital as a whole.



Co-Chair CEC

Welcome Lynn Thomas, MSN, RN, CCRN, ATCN, CCEMTP Clinical Educator for the Cardiac Cath Lab, Interventional Radiology, and PRCU (prep and recovery) as Co-Chair of Clinical Education Council. Lynn began working at AAMC in 2004 as a graduate nurse in the ICU than transferred to the procedural area. She worked as a staff nurse in PRCU, assumed charge nurse responsibilities and then became the unit educator. Lynn is known on the unit by the speed of her walk/run! She brings a wealth of knowledge and energy to her role. We are proud that Lynn continues to grow by volunteering to be co-chair of CEC.

New Clinical Supervisor



Welcome Taylor Chalk, RN, BSN, as night shift Clinical Supervisor on the inpatient oncology unit. Taylor came to AAMC as a Student Nurse PCT in the ED, then Nurse Graduate in May 2015 on the Oncology Unit and has been on the Oncology Unit since. Taylor quickly demonstrated organization, sharp clinical decision-making skills, and patient advocacy. She became a relief charge nurse within her first year as a nurse and continues to excel as a unit leader. We are so happy to have Taylor join nursing leadership in the Oncology Unit.

New Behavioral Health Navigator



Welcome Renee Montgomery as AAMC's new Behavioral Health Navigator. She is available for both ED patients and for inpatients. This Navigator's role is to help patients connect with outpatient mental health and substance use treatment. The goal is to alleviate barriers to accessing this treatment. If a patient is not an imminent threat to themselves or others, but for whatever reason needs help connecting to Behavioral Health Treatment, Renee can help! In addition to identifying appropriate referrals for these patients, she also stays in contact with them after discharge in order to provide support and encouragement and to ensure they are securely connected to care. Please place a consult order through Epic to Behavioral Health Navigator, once a patient has verbally agreed to navigator services. Renee will attempt to meet face to face with these patients if they are still in the hospital/ED. Otherwise, she will contact them by phone. Please contact Renee if you have any questions! cell - 443-534-8718 & desk - 443-481-5258

[Behavioral Health Navigator Tip Sheet](#)



Structural Empowerment



AAMC's Institute for Healthy Aging presents: A team and person-centered approach to delirium assessment and prevention

Date: Monday, October 14, 2019

Time: 2:00 PM – 4:00 PM

Location: Belcher Pavilion, 7th floor

Speaker: Donna Fick, PhD, GCNS-BC, FGSA, FAAN, Elouise Ross Eberly Professor, Director of the Center of Geriatric Nursing Excellence

Contact hours pending. Light refreshments will be served. Click to here to [register](#)



Professional Development Day

Theme: The Changing Landscape of Healthcare, Our Community, and Anne Arundel Medical Center

Date: Thursday, October 24, 2019

Time: Registration & Breakfast 7:30am
Conference 8am - 2pm (lunch provided)

Location: Belcher Pavilion, 7th floor

All staff are welcome!

[Professional Development Day Poster](#)

Register by **Friday, October, 18th** via
Eventbrite: [Registration](#)

Joint & Spine Unit Spirit Week!



Approximately one year ago the Joint and Spine unit adopted TeamSTEPPS which is an evidence-based teamwork system designed to achieve the best clinical outcomes for patients by improving communication and strengthening teamwork skills among healthcare professionals. It optimizes the use of information, people, and resources. Using the core concepts from TeamSTEPPS Steffanie Dolle, BSN, RN, ONC, Nurse Navigator and Wellbeing Representative on the Joint and Spine Unit organized Spirit Week activities to build staff satisfaction and team collaboration. Steff loves her role as the wellbeing representative: *"As the wellbeing representative, I truly enjoy bringing fun activities to the staff. I try to do something every season."*

Check out the fun Joint and Spine will be having in October!

[Joint and Spine Unit Spirit Week](#)



New Knowledge & Improvements

The Living Legacy Foundation of Maryland 5th Hospital Partners Conference



You are invited to The Living Legacy Foundation's 5th Hospital Partners Conference on November 14, 2019. Registration will be completed through Eventbrite (conference2019.eventbrite.com) and will be open from **9/3-10/18**. Click here for [event details, agenda, and registration](#)

Our very own Allie Williams, RN has been nominated for the Nurse Champion Award!!

Allie joined the AAMC ICU nursing team 5 years ago as a New Grad. She assumed the Chair position for Living Legacy approximately 3 years ago, working with their staff to ensure compliance, as well as, good results. She educates staff and

physicians to ensure everything possible is done to facilitate successful organ procurement for the patients and families who choose to donate. She is very passionate about organ donation.

"Allie â€œ Wanted to congratulate you for this nomination. To be recognized for giving life saving options to many people and to give a purpose to families who have lost a loved one is just pretty wonderful. You should be very proud."

Barbara

AAMC's Journal Club



Barriers to Clinical Practice Guidelines Implementation for Septic Patients in the Emergency Department

Every month, the journal club meets to discuss and discover practical ways to improve nursing practice and nurses' knowledge on current research.

Join us for the next meeting:

Topic: Barriers to Clinical Practice Guidelines Implementation for Septic Patients in the Emergency Department

Presenter: Kathleen Collins, RN FNE A/P

Date: Monday, September 16th

Time: 12pm-1pm

Location: 2 South Conference Room

Please click [here](#) to access the article

Save the date for next monthâ€™s Journal Club on Monday, October 21st-the ACE Unit presents on mobility!



Exemplary Professional Practice

Nursing Clinical Ladder

Congratulations to the following nurses who recently joined or renewed their position on the nursing clinical ladder! Thank you for your passion, dedication, and energy!

- Kaleigh Drexel (4MED)
- Pamela Schwartz (PEDS)
- Deborah Barta (ESP)
- Jermaine Cockrell (MBU)
- Brittany Metzger (PACU)
- Yoko Murakami (ED)
- Sarah Rogers (MBU)
- Mary Shirley (OPIV)
- Melissa Whittington (FLEX)
- Jessica Genrich (L&D)
- Maria Reinitz (ESP)
- Noel Blizzard (ONC)
- Michelle Christenson (OBS)
- Megan Clower (ICU-IMU)
- Bretagne Cowling (HVU)
- Gregory Smart (OBS)
- Rachel Frazetti (NICU)
- Jacqueline Gerge (ESP)

If you are interested in joining the clinical ladder, click [here](#)

WOW! Noel Blizzard & Gregory Smart - Incredible achievement, 2 years in practice and Level II on the Clinical Ladder



Noel

Noel started on the ONC unit as a BSN new grad in August 2017. Noel was quickly recognized in the Good Catch Club in June 2018; as unit employee of the month in Sept. 2018; recipient of a Daisy Award nomination by unit staff in Nov. 2018, and multiple patient/family and staff HOT Cards since 2017. Noel is an EPIC Super User; produced the unit's Magnet Professional Practice Model unit bulletin board; performs the unit Q2 hour Bathroom rounds chart audits; is the NDNQI Skin Prevalence monthly rep/surveyor; has already been a preceptor for both experienced and new graduate nurses; volunteer for Walk to End Alzheimer's and is a member of the Oncology Nursing Society.

Noel continues to demonstrate a strong thirst for learning and bringing up to date best practices to the unit. She is currently studying for her oncology nurse certification. We look forward to her continued growth and contributions to the oncology unit and to AAMC. Congratulations Noel!

What the clinical ladder means to Noel:

"Climbing the clinical ladder provides growth opportunities as a nurse. It allows me to be active within my unit, and the hospital. I love everything I have become involved with, especially the long lasting connections I have made."



Greg

Greg started on the OBS unit as a new grad in 2017. He is an awesome nurse with a dynamic personality. He is always willing to learn, seeking out others for input and their experience to care for his patients; he is never overconfident. He takes the extra step with all his patients. You never have to ask Greg for help, he is always there when needed. Beyond these phenomenal attributes Greg serves as an Epic super-user; collects hand hygiene data; has already been a preceptor for both experienced and new graduate nurses; has received hot cards and thank-you notes; and supports the community by participating in the Thanksgiving and Lighthouse brown bag drives. We look forward to his continued growth and contributions to the OBS unit and to AAMC. Congratulations Greg!

What the clinical ladder means to Greg: *"Being on the clinical ladder means to me that I have completed my goals that I have set for myself in the nursing field and I hope to continue achieving more."*

Nurse Residents August 2019



The August 2019 nurse residents cohort contains 37 nurse residents in 15 departments throughout the organization. The overarching focus of the content covered during their yearlong residency is surrounding Leadership, Patient Outcomes, and Professional Role. In the photo above, they are participating in TeamSTEPPS – a presentation on improving communication and teamwork skills among health care professionals.



Patient and Family Centered Care Annual Report for FY20

Have you wondered what Patient Family Advisors do and how they work with our staff? And why it is so important that we include them in decision making anyway?

The PFAC Annual Report will help answer some of your questions. We are very proud of their achievements. [Patient and Family Centered Care Annual Report for FY20](#)

To learn more about the Patient Family Advisor program or to find an Advisor for your committee or council, please email mmewshaw1@aahs.org.



Pathways Caring Closet clothing donations needed!

We are looking for donations of adult men and women's clothing, toiletries and non-perishable food. For additional information click [here](#).

These donations are for Pathways patients that are going to Recovery Houses or Half-Way Houses, etc.

If you have these items, you can drop them off at the Pathways info desk or clothing donations can be dropped off at Barbara Jacobs' office.

We really appreciate your support!!!

Nursing Events

- Getting Organized for Peak Performance 9/17/2019
- Data Analytics 9/17/2019
- BLS Instructor-Led Class 9/19/2019
- Telemetry Training 9/19/2019
- Microsoft Excel: Beginner 9/19/2019
- Customer Service for Internal Customers 9/19/2019
- Clinical Ladder Review Board 9/20/2019
- Performance Management Workshop 9/24/2019
- Nursing Service Orientation 9/24 & 9/25/2019
- BLS Hands-On Only Session 9/26/2019
- RN Preceptor Workshop 9/26/2019
- Bioethics Forum 9/26/2019
- Lunch & Learn: You Think You Know Teamwork? 9/26/2019
- Leading Without Authority 10/3/2019
- Phlebotomy Training Class 10/3/2019
- Clinical Ladder Review Board 10/4/2019
- Initial ACLS: Day 1 10/7/2019
- Initial ACLS: Day 2 10/8/2019
- Nursing Service Orientation 10/8 & 10/9/2019

- Action Planning for Team Wellbeing 10/9/2019

To view more information and upcoming events, [click here](#)



The Nursing Communications Initiative Coffee Cart will be visiting the Hospital Pavilion floors 3rd-6th (North and South) and the Clatanoff Pavilion on **Saturday, October 5, 2019 from 8-10am.**

If you are interested in joining the nursing communications initiative committee or want to share your news on the Cart, please contact [Anita Smith](#)

Attend and/or Showcase Your Practice Excellence

Mercy Medical Center's 8th Annual EBP/Research Symposium

Theme: Exceptional Nurses Leading Exceptional Collaborative Care

Date: November 13, 2019

Location: Valley Mansion by Martin's

Click [here](#) for additional attendance information

If you or your unit would like to submit an abstract please contact [Cathaleen Ley](#)

Deadline to submit an abstract is **September 20, 2019**

Read past issues of [The Nurses' Station](#) on the Nursing Blog.

To have your news or shout outs shared on The Nurses' Station, please contact [Sandy Fox](#).

**Let us know how we did.
What did you think of this issue?**

