

# The Nurses' Station

*Powered by Knowledge. Inspired by Caring.*

## Barbara's Bulletin

Welcome to the first issue of The Nurses' Station, a newsletter *written by nurses, for nurses*. To help increase our communication with all nursing staff, we put together this nursing newsletter to highlight news and events going on throughout AAMC. Using the Magnet professional practice model as the base of this newsletter, we want to share promotions, staff shout outs, current evidence-based practice projects, and opportunities available for the nursing staff. Thank you for all your continued hard work to provide excellent patient care and working as a team to make AAMC such a wonderful workplace.



We are in the home stretch! Having submitted our document last August, we are waiting for our additional information to be reviewed. We can anticipate a Magnet Appraiser site visit in late June or early July, with a mock visit in late May to help you prepare.

Watch for links to stories in our 2018 Magnet Document in this newsletter, starting with this one to the landing page with [CNO Barbara Jacob's welcome letter](#) to the appraisers.

### **Read about:**

How our ethics initiative helped decrease moral distress associated with the delivery of unbeneficial medical care for nurses on the Oncology Unit, [click here](#).

### **Learn how:**

Patients and family benefit from our attention to ethical decision making, [click here](#).

If you have any questions or just want to talk about our Magnet journey, please contact Karen McCamant at [kmccamant@aahs.org](mailto:kmccamant@aahs.org). I'd love to come to your unit or meet you for coffee, so please don't hesitate to get in touch.

## The Maze to Magnet



Every other week until our Magnet visit, two nursing staff will have the chance to win a \$25 Amazon Gift Card. Here is how to play:

- Each nursing newsletter will reveal the first clue to a question about our Magnet document. Find the clue and scan the QR code to reveal the first question and submit your answer.
- Once your answer has been submitted, a second clue will be revealed. Find the second clue and scan the QR code to reveal the second question and submit your answer.
- Once **BOTH** answers have been submitted, you will be automatically entered in a raffle to win a \$25 Amazon Gift Card.

**CLUE 1: A thousand wheels, but move I do not. Call me what I am, call me a lot. What am I?**

Answers & winners will be announced on our next issue of 'The Nurses Station'.



Transformational Leadership



Meet Jean Andres, BSN, RN the Interim Clinical Director for Labor & Delivery. Jean comes to the department with a wide range of experience in Women's and Children's services, most recently as the Clatanoff Pavilion Administrative Coordinator. She is currently pursuing her Master's in Nursing Leadership & Management from Stevenson University, with plans to continue to earn her Doctoral degree. When Jean is not busy with school or teaching child birthing classes, she is spending time with her husband of almost 34 years and their nine children. Jean is known to her peers as being thoughtful, kind, fair, and patient-family focused. Please welcome Jean as she transitions into her new role.



Please welcome Amanda Curry, MSN, RN the Nurse Manager for the Emergency Department. Amanda graduated with her nursing degree in 2008 and went on to complete her BSN and MSN from Stevenson University. She is ACo born and raised and loves the city of Annapolis! Amanda has five wonderful children ranging in ages from one to 13 and is so grateful to have been welcomed into the AAMC family with open arms.



Also new to the Emergency Department is Mary Kathleen "Katie" Riley, MSN, RN, the Nurse Educator. Katie grew up in Prince George's and Anne Arundel County where she volunteered as an EMT-B and worked as a PCT III while in nursing school. She earned her MSN from Wilmington University and shortly after moved to Pennsylvania where she worked as Nurse Educator in Critical Care and then in the Emergency Department. She is excited to be home and starting her new adventures at AAMC! Katie has been spotted throughout our hallways sporting her cheerful and positive attitude and loves the minions.



### New Knowledge & Improvements



Meet the Patient Care Technicians on 4Medical who have helped introduce our new iPads designed for patient use. These iPads are equipped with apps for patients to access their MyChart or listen to therapeutic music to promote better healing. The team has done has gone above and beyond to teach our patients on how to use the iPads that two of the PCTs won prizes from the I.S. Department during the launch period.



### Structural Empowerment

Congratulations to the following nurses who recently joined or renewed their position on the nursing clinical ladder!

Kristen Farrel (4MED), Ashley Bunn (ACE), Tracy Turner (Cath Lab), Maureen Burns (ESP), Lynn Dorsey (ESP), Kelly Johnson (GSU), Jean Duffy (ICU), Kristen Becker (L&D), Angela Jones (L&D), Malorie Smith (MSU), Emily Harrison (ONC), Leann Rossetti (ONC), Carol Brumsted (OPIV), Sally Carrasco (OPIV), Christina Greirson (OPIV), Emily Harrison (OPIV), Brooke Jones (OPIV), Elisebeth Allen (PACU), Sarah Lang (PACU), Julie McClyment (PACU), Melissa McCullum (PACU), Katherine Sheppard (PACU), Lauren Thompson (PACU), Christina Gates (PEDS), and Karen Dove (PRCU).

If you are interested in joining the clinical ladder, please click [here](#) for more information.

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### Exemplary Professional Practice

Congratulations to the Joint & Spine Center for their efforts to improve their metrics for same day discharges. The unit has been working diligently to increase their scores from 60% in December to 82% in February. With additional efforts set forth to begin on April 1st, the unit hopes to reach their goal of 100% same day discharges!

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### Patient-and-Family Centered Care

It was just over a year ago that one of our beloved colleagues Bob O'Bryhim passed away. Bob started his career at AAMC in 1995 as a practicum student in the ICU and then was hired as a new graduate nurse. Bob was known to many for his compassion, kind heart, and sense of humor.

In August 2018, AAMC was proud to unveil the Healer's Touch sculpture presented by the DAISY Award, located in the main lobby of the Hospital Pavilion.



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## Here's what you need to know-n-go

- Are you interested in mentoring a new graduate nurse? Contact [Gena Kosmides](#) to become a nurse mentor!
  - Annual skills day is just around the corner, be sure to complete your assigned HealthStream modules by **Monday, March 25, 2019.**
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## Nursing Events

- Journal Club 3/18/2019
- She Helped Elevate (S.H.E.) Day 3/21/2019
- Charge Nurse Workshop 3/26/2019
- Bioethics Form 3/28/2019
- Professional Power Hour 4/3/2019

To view more upcoming events, [click here](#).

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The Nursing Communications Coffee Cart will be visiting the 3rd - 6th floors of the Hospital Pavilion and the Clatanoff Pavilion on **Wednesday, April 3, 2019 from 8-10pm.**

If you are interested in joining the nursing communications initiative committee or want to share your news on the Cart, please contact [Anita Smith](#).

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## On the Nursing Blog

- [New eCards for BLS, ACLS, and PALS](#)
- [Hands on Health: Volunteers needed](#)
- [Laughter is the best medicine](#)

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Let us know how we did.  
What did you think about this issue?



To have your news or shout outs shared on The Nurses' Station, please contact [Nikki Ocloo](#).

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