

# Emerging Concepts in Orthopedic Surgery

Saturday, October 18, 2014, 8am–5:30pm

CME Conference hosted by The Orthopaedic and Sports Medicine Center

## Program Description:

According to the American Academy of Orthopaedic Surgeons, more than one in four Americans has a musculoskeletal impairment. Remarkable advances are being made every day in the world of orthopedic health and disease treatment. This course is designed to assist healthcare providers improve care based on emerging scientific and clinical evidence in the field of orthopedics. The course will include presentations from key specialty and subspecialty disciplines including joint, spine, sports medicine, upper extremity, foot and ankle, and rehabilitation.

## Intended Audience:

The program is designed for physicians, surgeons, nurse practitioners, physician assistants, physical therapists, athletic trainers and other healthcare professionals who are committed to advancing the quality of orthopedic care to their patients.

## Course Agenda:

› 7:30–7:50am Registration and continental breakfast

› 7:50–8am Welcome

### Session 1: Foot and Ankle

› 8:00–8:20am Fibula Shortening in Ankle Fractures -Edward Holt, MD

› 8:20–8:40am Plantar Plate Repair of the MTP Joint -Adrienne Spirt, MD

› 8:40–8:50am Question and Answer

### Session 2: Joint

› 8:50–9:10am Joint Replacement Trends at AAMC -Paul King, MD

› 9:10–9:50am Direct Anterior Approach for the Total Hip Arthroplasty–SAIL Lab -Stephen Faust, MD, and Justin Hoover, MD

› 9:50–10:10am MRI Based Custom Cutting Jigs for Total Knee Replacement -James MacDonald, MD

› 10:10–10:30am Patellofemoral Replacement/Uni's -Marc Brassard, MD

### Session 3: Spine

› 10:30–10:50am Adult Deformity: The Role of Lateral Interbody Fusion and MIS surgery -Chad Patton, MD, and Alessandro Speciale, MD

› 10:50–11am Update on Cervical Disc Arthroplasty -Alessandro Speciale, MD

› 11–11:10am Surgical Management of Vertebral Compression Fractures -Chad Patton, MD

› 11:10–11:20am Question and Answer

### Break and Move 11:20–11:30am

### Breakout Session 1A: Orthopedic

› 11:30–11:50am Peroneal Sulcus Lesion -Edward Holt, MD

› 11:50–12:10pm Syndesmotic Fixation with Suture Button Technique (Arthrex Tigtrope) -Adrienne Spirt, MD

### Breakout Session 1B: Orthopedic

› 11:30–11:50am Managing Osteoporosis in an Orthopedics Practice, Supplementing Post Fracture Care -Christina Morganti, MD

Course agenda continued on back

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Registration and SAIL Center  
tour 7:30am

AAMC Belcher Pavilion

7<sup>th</sup> Floor, Doordan Institute

2000 Medical Parkway, Annapolis, Md.

Free parking onsite in garage E

Registration Fee: **\$175**

REGISTER ONLINE at  
[askAAMC.org/OrthoCME](http://askAAMC.org/OrthoCME)  
or call **443-481-5555**.

## Continuing Education Credit

The Anne Arundel Medical Center is accredited by MedChi, The Maryland State Medical Society to provide continuing medical education for physicians. The Anne Arundel Medical Center designates this live educational activity for a maximum of (9.5) *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physical Therapists:** This course meets the basic criteria of the Maryland state board of physical therapy examiners for .95 CEUs. You will be issued a CEU certificate upon completion of the course. (Pending)

**Certified Athletic Trainers:** OSMC is recognized by the board of certification to offer continuing education for certified athletic trainers. This education activity has been approved for a maximum of 9.5 CEUs. (Pending)

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## Course Agenda continued:

### Breakout Session 1C: Rehabilitation

› 11:30–11:50am Rehabilitation for Golfers  
-Kyleen Bronner, MSPT

› 11:50am–12:10pm Rehabilitation for Tri-athletes -James Bickley, DPT

### Breakout Session 1D: Rehabilitation

› 11:30–11:50am Running/Gait Analysis Lab  
-Sarita Sanghvi, MPT

› 11:50am–12:10pm Ant/Post Hip Replacement Rehabilitation  
-Emily Bainbridge, DPT

### Lunch

› 12:10–1pm “International Orthopaedic Humanitarian Relief: The AAMC and Helping Hands Foundation Experience since 2005”  
-Jeffrey Gelfand, MD, and Thomas Harries, MD

### Session 4: Sports

› 1–1:40pm Hip Arthroscopy: Treatment of Femoral Acetabular Impingement and Labral Tears (SAIL Lab) -Benjamin Petre, MD

› 1:40–2pm Shoulder Instability: Clinical Approach to a Difficult Problem  
-Cyrus Lashgari, MD

› 2–2:20pm Anteromedial Portal ACL Reconstruction: Pearls and Pitfalls.  
-Thomas Harries, MD

› 2:20–2:40pm New Thoughts in Treatment of Running Injuries -Christina Morganti, MD

› 2:40–2:50pm Question and Answer

### Break and Move 2:50–3pm

### Breakout Session 2A: Orthopedic

› 3–3:20pm Cartilage Restoration: Indications and Technique  
-Peter Ove, MD

3:20–3:40pm Patellofemoral Instability: What Are the Surgical Indications?  
-Daniel Redziniak, MD

### Breakout Session 2B: Rehabilitation

› 3–3:20pm The Treatment of Low Back Pain  
-Clarisse Labor, PT

› 3:20–3:40pm The Overhead Athlete  
-Amanda Adkins, MPT, and Renette Kirton, DPT

### Breakout Session 2C: Rehabilitation

› 3–3:40pm Functional Movement and Power Assessment for Safe Return to Sports and Injury Prevention

-Jennifer Neiberlin, MPT, ATC and Don Miller, PTA

### Session 5: Upper Extremity

› 3:40–4:20pm The Expanding Use of Reverse Total Shoulder Arthroplasty: Cadaveric Demonstration and Discussion

-Jeffrey Gelfand, MD, and Cyrus Lashgari, MD

› 4:20–4:40pm Double vs. Single Row RTC Repairs: Is There a Difference?  
-Daniel Redziniak, MD

› 4:40–5pm PIP Fractures/Dislocations—Many Solutions: Which One Is Right?  
-Alexander Shushan, MD

› 5–5:10pm Question and Answer

› 5:10–5:20pm Closing Remarks

## Course Directors

› Jeffrey Gelfand, MD  
Specialties: Shoulder, hand, elbow and microvascular surgery

› Daniel Redziniak, MD  
Specialties: Sports medicine, arthroscopy of the knee and shoulder

## Faculty Surgeons

› Marc Brassard, MD  
Specialties: Hip and knee joint replacements

› Stephen Faust, MD  
Specialties: Joint surgery and anterior approach to the hip

› Jeffrey Gelfand, MD

› Thomas Harries, MD  
Specialty: Sports medicine

## Faculty Surgeons, continued

› Edward Holt, MD  
Specialties: Foot and ankle surgery

› Justin Hoover, MD  
Specialties: Hip and knee joint replacements

› Paul King, MD  
Specialties: Hip and knee joint replacements

› Christina Morganti, MD  
Specialties: Sports medicine and osteoporosis

› Cyrus Lashgari, MD  
Specialties: Shoulder and elbow surgery

› James MacDonald, MD  
Specialties: Hip and knee joint replacements

› Benjamin Petre, MD  
Specialty: Sports medicine with an interest in the hip

› Peter Ove, MD  
Specialty: Sports medicine

› Chad Patton, MD  
Specialty: Spine surgery

› Alessandro Speciale, MD  
Specialty: Minimally invasive surgery of the spine

› Daniel Redziniak, MD

› Alexander Shushan, MD  
Specialties: Hand and upper extremity surgery

› Adrienne Spirt, MD  
Specialties: Foot and ankle surgery

› James York, MD  
Specialties: Sports medicine and joint replacements

## Faculty Physical Therapists

Amanda Adkins, MPT  
Emily Bainbridge, DPT  
Kyleen Bronner, MSPT  
James Bickley, DPT  
Renette Kirton, DPT  
Clarisse Labor, PT  
Don Miller, PTA  
Jennifer Neiberlin, MPT, ATC  
Sarita Sanghvi, MPT

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