

Saturday, September 20, 2014, 8am–Noon *The 2014 Metabolic and Weight Loss Surgery Series*

Sleeve Gastrectomy: The Newest Approach to Weight Loss and Metabolic Surgery

Course Overview

This course will provide the audience with an update on the current status of bariatric and metabolic surgery. The audience will have an opportunity to learn about the management of the morbidly obese patient as well as the current surgical therapies to address those co-morbid conditions that are part of the metabolic syndrome. In addition, this course will touch on potential complications following bariatric surgery as well as revision for failed weight loss.

Target Audience

This CME activity is designed for primary care providers, internists, nurses, physician assistants, nutritionists and other allied health professionals taking care of the morbidly obese patient.

Course Agenda:

SESSION I: General Concepts

- > **7:15am** Registration, continental breakfast, exhibits
- > **8am** Who is a candidate for sleeve gastrectomy? Why sleeve vs. lap band or bypass?
Alex Gandsas, MD, MBA, FACS
- > **8:30am** Pre-operative assessment—What exams are necessary to order before sleeve gastrectomy?
Courtney Doyle, MD
- > **8:45am** Pre-operative nutrition—Why is it important?
Arianne Kirby, MS, RD, LDN, CDE
- > **9am** GERD and sleeve gastrectomy
Alex Gandsas, MD, MBA, FACS
- > **9:15am** Who is paying for bariatric surgery?
Jeanette Epperson, RN, BSN, CBN

Course Objectives:

Upon completion of this educational event, participants will be able to:

- > Describe the sleeve gastrectomy methodology and the indications for its use
 - > Understand patient selection and the potential complications associated with sleeve gastrectomy
 - > Utilize best practice nutritional assessment and recommendations for sleeve patients
 - > Manage emotional and mental health needs for bariatric patients for long term success
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- > **9:30am** Making the cognitive and emotional shifts for successful outcomes
Richard G. Wirtz, PsyD
 - > **9:45am** “Doctor, after sleeve gastrectomy I have regained all my weight. Now what?”
Courtney Doyle, MD
 - > **10am** Break and exhibits
- ### SESSION II: Diagnosis and Management of Complications Following Bariatric Surgery
- > **10:15am** Sleeve gastrectomy: outcomes
Alex Gandsas, MD, MBA, FACS
 - > **10:45am** Complications following sleeve gastrectomy—What to look for in the office
Alex Gandsas, MD, MBA, FACS
 - > **11:15am** Managing pregnancy after sleeve gastrectomy
Courtney Doyle, MD
 - > **11:35am** Q&A—All faculty

EVENT INFORMATION

Saturday, September 20

7:15am Registration and Continental Breakfast

8am–Noon

AAMC Belcher Pavilion

7th Floor, Doordan Institute

2000 Medical Parkway, Annapolis, Md.

Free parking onsite in garage E

Registration Fee: No charge

REGISTER ONLINE at

askAAMC.org/

BariatricCME2014

or call **443-481-5555**.

Course Director



Alex Gandsas, MD

Director, Anne Arundel Medical Center's Weight Loss and Metabolic Surgery Program

An expert in the field, he has performed more than 2,500 procedures. Dr. Gandsas brings experience from academic medical centers including Johns Hopkins and Sinai Hospital in Baltimore. He is chairman of the Society of Laparoendoscopic Surgeons Bariatric Surgery and has served as chairman of surgery at the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine.

CONTINUING EDUCATION CREDIT: The Anne Arundel Medical Center is accredited by MedChi, The Maryland State Medical Society to provide continuing medical education for physicians. The Anne Arundel Medical Center designates this live educational activity for a maximum of (4) AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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